



A Faith-Based Approach To Healthy Relationships

PROJECT IMAGE

Project Image is a dynamic program developed by Be Strong International for churches and other faith-based organizations. The program empowers participants to build healthy relationships while recognizing the important role faith plays in the decision-making process. And it can be used by any religious group, regardless of denomination.

INTRODUCING OUR WORKSHOP

The workshop series has five sections and incorporates interactive activities and group discussions with guided practice. Participants will be presented with tough, real-world situations and learn how to make decisions under pressure.

In addition to lessons on building healthy relationships, organizations can add lessons on subjects like financial literacy, effective communication, and career and educational success.



MEET OUR TEAM



MICHELLE SHIRLEY
EXECUTIVE DIRECTOR

Michelle has nearly fifteen years' experience working for non-profits, and has led the Be Strong International team since 2012.



DARRYL AUBERRY
PROJECT DIRECTOR

Darryl has educated more than 200,000 students about building healthy relationships. He is an active member of his church and travels nationwide to lead parent and teen summits.

STRENGTH FROM KNOWLEDGE

Be Strong International is a leading non-profit that helps young people create healthy relationships by educating them about sexual risk and how to avoid it. For nearly a quarter-century, we have provided teens and adults in South Florida with tools to make better decisions about relationships, money, work, and family life.

Through faith-based programs like Project Image, Be Strong International empowers young people to strengthen their spiritual, emotional, intellectual, and financial selves.

COSTS AND SCHEDULES

SHORT-TERM COMMITMENT, FAR-REACHING RESULTS

Project Image is made for real life, so it's highly flexible. The program consists of an eight-hour course taught over three or five days – or spread out over weeks or months. It is completely customizable.

BRING PROJECT IMAGE TO YOUR CHURCH OR ORGANIZATION



Healthy Relationships. Thriving Families. Stronger Communities.

Email info@BeStrongIntl.org; or call 305-969-7829

