



'TIS THE SEASON OF GIVING!

As we approach the end of the year, consider making a meaningful difference in the lives of youth and families in South Florida by supporting Be Strong International. Your generous donations can create a positive change by providing essential resources and support to those who need it most. Be Strong International is committed to empowering local communities, fostering resilience, and nurturing the potential within each young person. Your contribution can help fund educational programs, mentorships, and essential services that pave the way for a brighter future. By donating, you become a catalyst for transformation, leaving a lasting impact on the well-being and success of the youth and families who call South Florida home. Join us in building a stronger, more vibrant community – every contribution counts! Together, let's make a difference that lasts a lifetime.

Donate to Be Strong International today.

[DONATE TODAY!](#)

ANNOUNCEMENTS



SOCIAL YAKS HOLIDAY PROMO

\$5 Off for Limited Time Only!
Give the Gift of Connection!

This holiday season, share the joy of Be Strong International's Social Yaks card game! Immerse yourself in the Social Yaks experience and create lasting connections with family and friends. Enjoy our exclusive holiday promotion with a \$5 discount, available for a limited time only. Don't miss out – shop now by clicking the button below and make this season unforgettable!

[SOCIAL YAKS!](#)

WE'RE IN THE NEWS



[WATCH VIDEO](#)

BE STRONG SHOW WELCOMES KERRY-ANN ROYES, CEO OF YWCA SOUTH FLORIDA

Learn more about Kerry-Ann's thoughts about leadership and empowering women.

Check out The Be Strong Show featuring Kerry-Ann Royes, President and CEO of YWCA South Florida! Join Michelle Shirley, our CEO and Chief Heart Officer, as she interviews Kerry-Ann about leading through the pandemic, empowering women, and more. Plus, discover more about Kerry-Ann as she answers questions from our new card game, Social Yaks! Hosted in partnership with Miami's Community Newspapers

BE STRONG SHOW WELCOMES SHERYL SATURNINO FROM THE MIAMI FOUNDATION

Learn more about The Miami Foundation's efforts for Give Miami Day.

Watch our Be Strong Show with special guest Sheryl Saturnino, Community Investments Officer of The Miami Foundation! Michelle Shirley, our CEO and Chief Heart Officer, will be chatting with Sheryl about her journey from Alaska to Miami, Give Miami Day, and more. Additionally, you'll get to



learn more about Sheryl as she answers fun questions from our new card game, Social Yaks. Hosted in partnership with Miami's Community Newspapers

WATCH VIDEO



WATCH VIDEO

BE STRONG SHOW WELCOMES JOAN M. GODOY, CEO OF RADICAL PARTNERS

Learn more about Joan's tips on leadership and entrepreneurship.

The Be Strong Show had a profound and authentic conversation with Joan Marie Godoy, CEO of Radical Partners. The show took a new turn, infused life into the souls of women and gave an incredible opportunity for a leader to be seen. Watch as Michelle Shirley, our CEO and Chief Heart Officer, interviews Joan as she shares access to free resources on leadership and social entrepreneurship. Tears were shed, and the show is worth watching until the end. Hosted in partnership with Miami's Community Newspapers

WHAT WE'VE BEEN UP TO

BE STRONG INTERNATIONAL FUNRAISED \$31,506 ON GIVE MIAMI DAY!

161 donors came together to support our cause!

We are excited to announce that not only did we meet our fundraising goal of \$20,000, but we exceeded it by raising a grand total of \$31,506! We would like to express our sincere appreciation to everyone who contributed and supported us on Give Miami Day. Your kindness and generosity will have a significant and long-lasting impact on our community. Thank you, Miami!



VIEW POST



VIEW GALLERY

FARRUKO, MAFFIO AND YUNG WYLIN VISIT BE STRONG INTERNATIONAL'S OFFICES

The artists donated instruments to Cristina's Academy music students.

Be Strong International had an amazing opportunity to be a part of an event with Cristina's Academy where music artists Farruko, Maffio, and Yung Wylín donated musical instruments to the academy and performed with the children. Thank you to El Gordo y La Flaca and En Casa Con Telemundo for covering this inspiring event. And, a special thanks to Cristina's Academy for being a positive agent of change in the community and for choosing to collaborate with us.

BE STRONG INTERNATIONAL DISTRIBUTES THANKSGIVING DINNER GIFT CARDS

More than 100 families were benefited.

This Thanksgiving season, our Be Strong on the Block & Marriage Matters teams generously distributed 100 Thanksgiving Dinner Gift Cards, each valued at \$75, to families facing hardships in our community. Along with the gift cards, they distributed games, first aid kits, self-care kits, and other essentials to those who stopped by. We would like to extend our heartfelt gratitude to The Peacock Foundation for this amazing gesture to give to those in need during the holidays.



VIEW POST



VIEW GALLERY

MARRIAGE MATTERS ENGAGEMENT NIGHT

Engagement Night December 2023

Our couples had an amazing night filled with fun and engaging activities. They played games, savored a delicious dinner, won exciting raffles and prizes, and even had access to free childcare. Our Marriage Matters program focuses on educating couples on important topics such as communication, stress management, intimacy, financial literacy, and more – all completely free of cost! Check out some pictures from our fun Engagement Night!

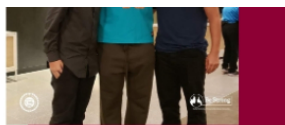
MIAMI DOLPHINS & FOOTBALL UNITES THANKSGIVING DINNER

A memorable experience for a Be Strong Family!

On behalf of our Be Strong After School Club, we



On behalf of our amazing staff and families, we would like to extend our gratitude to Football Unites and the Miami Dolphins for giving one of our families the opportunity to attend the Miami Dolphins Annual Thanksgiving Dinner! The children had a blast interacting with the players, receiving autographs, and participating in fun activities. The food was also delicious, and the players kindly served us. This experience will be forever etched in their memories!



[VIEW GALLERY](#)

FARRUKO, MAFFIO, AND YUNG WYLIN PLAY SOCIAL YAKS

Grammy Nominated Music Artists Living the Social Yaks Experience!

The Be Strong International team is grateful for the incredible opportunity of playing Social Yaks with Grammy Nominated artists like Farruko, Maffio and Yung Wylin! We are excited for them to take this game home and play with their family and friends over the holiday season! Their support means the world to us, and we thank them for loving on our community!



[VIEW GALLERY](#)

NOVEMBER FOOD DRIVE

Serving individuals & families in the Goulds community!

The Be Strong team continues its monthly food drives, distributing free nutritious food packages to over 500 families last month! A big thanks to our sponsor Bean Automotive, Farm Share for the food, and our incredible volunteers, including those from TD Bank, JP Morgan Chase & Co, East Ridge at Cutler Bay, MPS Credit Union, AmeriHealth Caritas Florida, One Voice Community South Dade, and many more. Your support makes it all possible! Join us for our next food drive on December 14th!



[VIEW POST](#)

BE STRONG AFTER SCHOOL CLUB ACTIVITIES

Fun times at Palm Glades Preparatory Academy

Our students at Palm Glades Preparatory Academy have been having a blast lately with all the fun and engaging activities! From baking and painting to receiving academic support and learning about healthy relationships, we offer something for everyone. Take a look at some of the activities our students have been up participating in lately!



[VIEW POST](#)

UNIVISION INVITES BE STRONG INTERNATIONAL FAMILIES TO ZOO LIGHTS EVENT AT ZOO MIAMI

A memorable experience for our kids!

Last Friday, Be Strong families enjoyed a festive night at Zoo Lights Holiday attraction at Zoo Miami, thanks to Univision's partnership with Goya. The families had a blast with family fun, a dog show, photos with Santa Claus, and encounters with The Grinch and Darth Vader. Big thanks to Univision 23 and Univision Contigo for making this memorable night possible!



[VIEW GALLERY](#)

UNIVISION INVITES BE STRONG INTERNATIONAL FAMILIES TO CENA DEL 23

Christmas came early for BSI families!

Thanks to Univision 23 and Univision Contigo, some Be Strong families experienced an early Christmas treat! Univision selected Be Strong International to attend Cena del 23 this week, where families met celebrities, enjoyed a cappella, had a delicious dinner, met Santa and Mrs. Claus, received gifts, and got free tickets for Christmas Wonderland at Tropical Park! Grateful to Univision for this unforgettable evening, alongside other nonprofits serving Miami's youth and families. Our families will cherish this experience forever!



[VIEW POST](#)

WHAT'S COMING UP!

MICHELLE SHIRLEY WELCOMES DOUG SKOKE TO THE BE STRONG SHOW

Hosted in partnership with Miami's



Community Newspapers

Up next on the Be Strong Show, our CEO and Chief Heart Officer, Michelle Shirley, welcomes Doug Skoke, Vice President of Benjamin Douglas – a pioneering talent acquisition organization. Prepare to be captivated by an exhilarating conversation as Doug shares his insights, strategies, and stories that are sure to inspire and uplift. Tune in for an engaging and informative episode that you won't want to miss.



[SUBSCRIBE HERE!](#)



[VOLUNTEER HERE!](#)

VOLUNTEER WITH US & GIVE BACK TO YOUR COMMUNITY - DECEMBER 14TH!

Join our next food drive!

Our monthly food drives, in collaboration with Farm Share FL, continue to make an impact in the community of Goulds! On the second Thursday of each month, we get so excited to come out to Demps Park and serve up to 500 families with nutritious food packages! Are you looking for ways to give back? Join us and make a positive impact!

FREE PARENTING WORKSHOPS

Take parenting to the next level!

As a parent, do you ever feel pulled in several directions, with no idea where to go first? Do you struggle to find the best ways of meeting your children's needs, with little help? You are not alone! Be Strong International's parenting program, Raising the B.A.R., offers free workshops that teaches caregivers evidenced-based strategies for raising happy, healthy children!



[MORE INFORMATION!](#)



[LEARN MORE HERE!](#)

BANK OF AMERICA STUDENT LEADERS PROGRAM

Deadline January 17th, 2024

For two decades, Bank of America has spearheaded a nationwide program providing 11th and 12th-grade high school students with a unique opportunity – a paid summer internship at a nonprofit organization. In Miami, they select 5 student leaders annually. Through Student Leaders®, Bank of America acknowledges students who lead and serve in their communities. This program connects them to resources to enhance community impact. To learn more about the benefits of this program, click here!

JOIN OUR TEAM!

Available Positions at Be Strong International

BUSINESS DEVELOPMENT & OUTREACH

- [Client Engagement Manager](#)

BE STRONG AFTER SCHOOL CLUB

- [Site Instructor - Lake Stevens M.S.](#)
- [Certified Teacher](#)

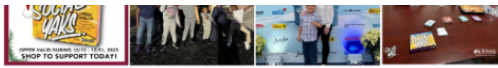
FINANCE

- [Grant Accountant](#)



STAY UP TO DATE!





FOLLOW US ON INSTAGRAM



Copyright © 2023 | Be Strong International | All rights reserved.

Our mailing address is:
9730 E Hibiscus Street, Suite B Palmetto Bay, FL 33157

Want to change how you receive these emails?
You can [unsubscribe from this list](#).