



IS YOUR TEENAGER HAVING BEHAVIORAL DIFFICULTIES?



JOIN OUR **FREE** FAMILY STRENGTHENING PROGRAM TODAY



Be Strong International and its parenting program **Raising The Bar Parent Alliance** are now offering a program that aims to help parents in need of support, skills and strategies with youth from 12 to 16 years age.

Is your child exhibiting one of the following behavioral difficulties?

- ✓ Failing academically
- ✓ Lack of impulse control
- ✓ Emotional dysregulation
- ✓ Depression
- ✓ Anxiety
- ✓ One or more school suspensions
- ✓ Absent 10% of the school year
- ✓ Signs of early onset substance abuse
- ✓ Involvement in juvenile justice system

Our services are available in both English and Spanish; and are offered in Miami-Dade County, with a focus on families residing in Miami Gardens, FL and Goulds, FL.



**WHAT SETS OUR PROGRAM
APART FROM OTHERS?
OUR UNIQUE AND HOLISTIC APPROACH!**

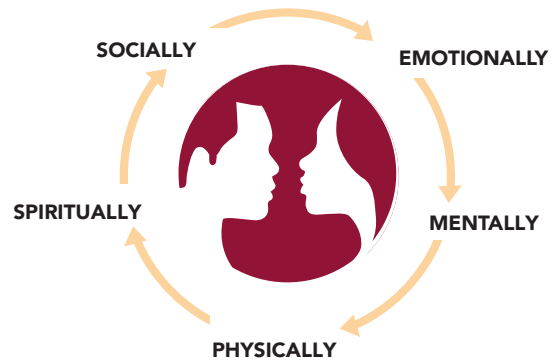
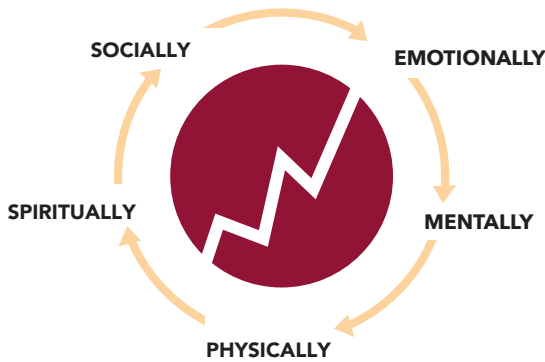


Our goal is to move individuals and families from brokenness to wholeness through Heart Skills™ training.

BROKEN LIFESTYLE



BE STRONG LIFESTYLE



Brokenness consists of negative patterns or traumas that individuals experience which may hinder them from being their best selves emotionally, mentally, physically, spiritually, or socially. We address all these aspects through our success coaching and specialized sessions.



Contact us or scan for more information.

