

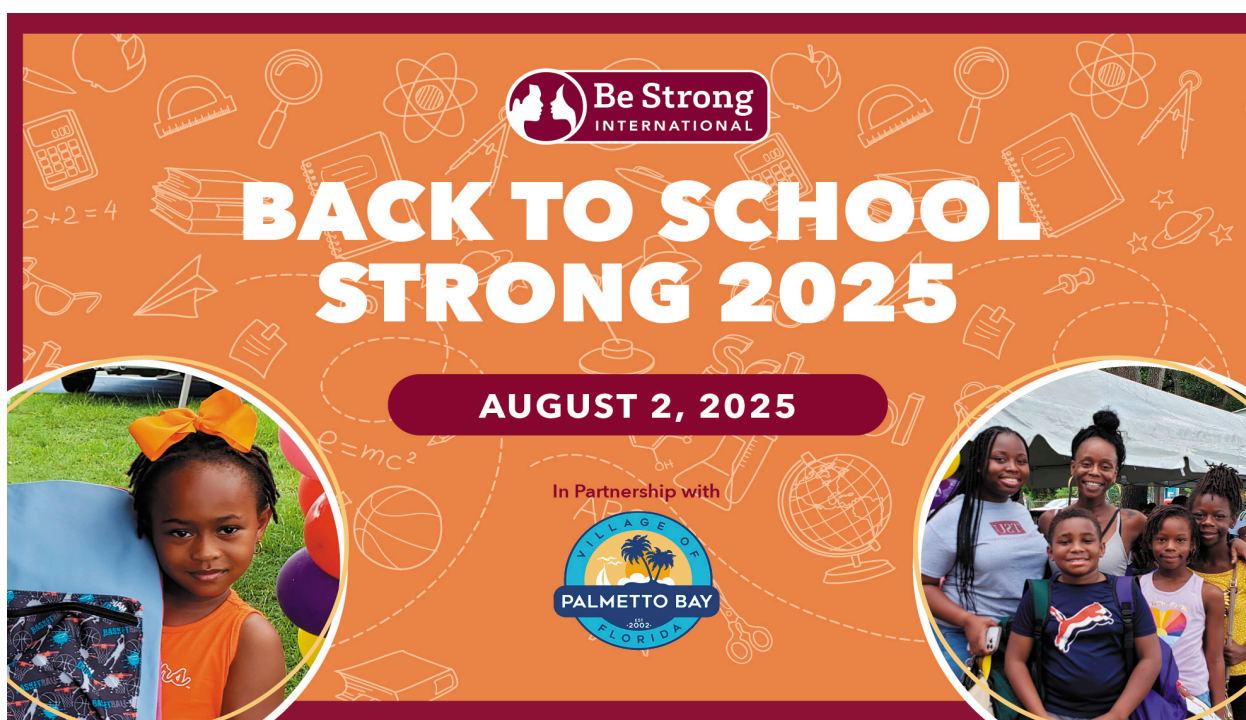
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[DONATE & SHOP](#)

BE STRONG INTERNATIONAL MONTHLY NEWSLETTER VOL.25 JUNE 2025



[Read the article](#)



Every child in our community deserves to start the new school year feeling equipped and confident to succeed in their studies, even amid uncertain times. In this grand event, we aim to distribute over 750 bookbags filled with school supplies to help our children thrive this school year.

[Make a donation](#)

[Become a sponsor](#)

PROGRAM SPOTLIGHT



**Parent
Club**



Join our **FREE workshops** and connect with a supportive community while exploring practical, effective parenting strategies you can apply at home. Each interactive session offers a brief yet impactful introduction to tools that support families at every stage. Enjoy engaging discussion, snacks, and even the chance to win exciting prizes!

These workshops are possible thanks to the amazing partnership with **The Children's Trust Parent Club**. **Los workshops se ofrecen en inglés y en español.** These workshops are offered in English and Spanish.

[Check out the FREE workshops](#)

WHAT'S COMING UP!



[Register to volunteer here!](#)

Be Strong on the Block: Food Drive-Thru 🍎

Join us on **June 12** for our next **Food Drive-Thru**, where we'll be distributing food to **500 households** on a first-come, first-served basis. The drive begins at **9 a.m.** at **11350 SW 216th Street, Miami, FL 33170 (JL & Enid W. Demps Park)**. Come early to receive fresh groceries and pantry essentials—no registration needed!

Proudly hosted by Be Strong International in partnership with Farm Share, Commissioner Kionne L. McGhee, and Miami-Dade County.

Want to make a difference? **Volunteers are welcome!** Help us serve the community by lending a hand with setup, food distribution, and clean-up.

Proudly hosted by Be Strong International in partnership with Farm Share, Commissioner Kionne L. McGhee, and Miami-Dade County.

WHAT WE'VE BEEN UP TO



[Check the post](#)

Community in Action: A Day of Service, volunteering and Smiles

From cheerful volunteers to full carts, our recent food drive was a true celebration of community power. Thanks to every helping hand and our incredible partners at Advance America, dozens of families received the support they needed. It's days like these that remind us: small acts of service make a big impact.



[Check the post](#)

Celebrating a Strong Finish: After School Club Wrap-Up

Our Be Strong After School Club ended the year on a high note! Students were recognized with certificates celebrating their growth and commitment, and enjoyed a day filled with fun activities to mark the end of the school year. We're incredibly proud of these future leaders and grateful to everyone who supported their journey. Here's to an even stronger year ahead!

WE'RE IN THE NEWS



[Watch the show here!](#)

Tech, Teaching & Purpose: A Conversation with Michelle Chanda Singh

In this episode of *The Be Strong Show*, Michelle Shirley sits down with Michelle Chanda Singh, CEO of LCT-E Learning Solutions, for an inspiring conversation on purpose, education, and leadership.

They explore Michelle's journey into education, the mentors who shaped her, and how she's using technology to help teachers connect with today's students. Plus, don't miss a fun round of Social Yaks filled with laughs and surprises!



[Watch the episode here!](#)

Leading with Heart: Fritzie Saintoiry's Mission to Uplift Youth

In this inspiring episode of *The Be Strong Show*, **Fritzie Saintoiry**, CEO of Genesis Hopeful Haven, shares her incredible journey—from growing up in an orphanage in Haiti to becoming a passionate leader of a nonprofit that supports teens aging out of foster care in Florida.

Discover how her childhood experiences fueled her dedication to serve and how Genesis Hopeful Haven is making a powerful, lasting impact in the lives of vulnerable youth.



[Read the full article here!](#)

Be Strong International Featured in Miami Community Newspapers

We're honored to be featured in *Miami's Community Newspapers* for the recent appointment of two outstanding professionals to our Board of Directors—Randy M. Weber, Esq. and Dr. O'Neil J. Pyke. Their leadership and commitment to community service will help strengthen our mission to equip families in Miami-Dade and Broward with the tools for lasting change.

SOCIAL YAKS GOING PLACES



In May, Social Yaks had the incredible honor of participating in three powerful events that championed connection, mental wellness, and community impact. We led a transformative workshop at the **10th Annual South Florida Behavioral Health Conference**, where participants experienced the depth of connection that intentional conversation can create through the Social Yaks card game. We also joined the inspiring **10 Days of Connection** movement, uniting with others committed to bridging divides through empathy and shared stories. At the **Ignite Conference**, we continued this mission by helping attendees tap into the power of authentic dialogue and meaningful interaction. Each event reminded us of the importance of slowing down, truly listening, and seeing one another with compassion. Thank you to everyone who connected with us—we're excited to keep the ripple going. 🌈🌟

[CHECK THE RECAP!](#)



Are you ready to build connection and empathy at your workplace?



[BOOK A TEAM BUILDING SESSION TODAY](#)



Did you know that when you buy a Social Yaks game, we donate one to a family we serve?

[GET YOURS TODAY, AND HELP OTHERS!](#)

JOIN OUR TEAM!

Available Positions at Be Strong International

- [Program Manager - Parent Services](#)
- [Site Supervisor - Be Strong After School Club](#)
- [Fatherhood Engagement Specialist - Hybrid](#)
- [Certified Teacher - Pembroke Pines, FL](#)
- [Certified Teacher - Miami, FL](#)
- [Facilitator I - Project HOPE](#)

STAY UP TO DATE!
Follow Be Strong International on Social Media

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Be Strong International

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Nonprofit organization

• Teaching Heart Skills® and healthy relationships to youth and families. ❤️

• Creators of @socialyaks

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Followed by gemsbusinesssolutions

Be Strong ...

MARRIAG...

Hearts in ...

BSOTB

GIVE MIA...

BSA

2,604 posts

5,218 followers

1,871 following

Follow Be Strong International to see how we're empowering youth, families, and communities—one heart skill at a time. ❤️

Instagram: @bestrongintl

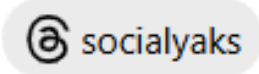
YouTube: @bestrongintlinc

Facebook: @bestrongintl

LinkedIn: Be Strong International



Social Yaks



Social Yaks is a relationship-building game created by [@bestrongintl](#)
We connect people, one card at a time!
[www.socialyaks.com](#) and 1 more



10th BHC



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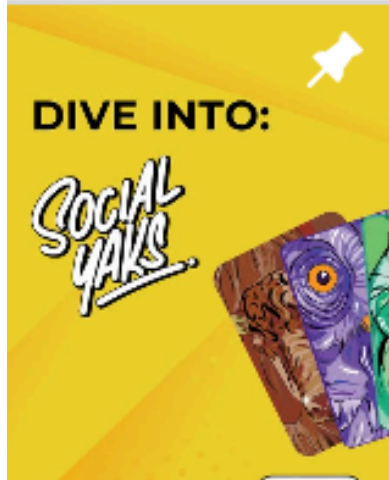


IGNITE! 20...

97
posts

366
followers

31
following



Follow Social Yaks for fun, meaningful conversations that build stronger hearts and deeper connections! 💬💬💬❤️

- Instagram: [@socialyaks](#)
- Website: [Social Yaks](#)



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