

HAVE A HEALTHIER RELATIONSHIP WITH YOUR CHILDREN!

FAMILY STRENGTHENING PROGRAM



WE CAN HELP WHEN YOU JOIN OUR **FREE** PROGRAM!



Contact Us for more
information or Scan QR
Code to pre-register.

Be Strong International is offering a Family Strengthening Program to parents residing in Miami-Dade County through 10 individualized sessions of 1 hour each.

OUR SERVICES INCLUDE:

- ✓ Parenting Support & Education
- ✓ Home Visits (or meet in a location convenient to you)
- ✓ Workshops in English & Spanish
- ✓ Coaching (Parents & Youth)
- ✓ Referral Services
- ✓ Light refreshments
- ✓ Prize Raffles
- ✓ Family Engagement Celebration (upon completion of program)
 - ◇ Interactive family activities
 - ◇ Complementary meal
 - ◇ Achievement Certificates

We **EMPOWER** parents with practical tools and guidance to foster positive interactions with their child(ren). Through our program, we aim to enhance your child's social skills, leading to more appropriate behavior both at home and in school, and by incorporating the tools offered by our unique **Heart Skills®** framework.

**** To be eligible to join, parents must live in Miami-Dade County, demonstrate need of support for children between the ages of 12-16, and be able to commit to meeting consecutively for the 10-week program (1-hour weekly sessions).**



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